

# Universal Program Participation Model (UPPM)

The key to successful, inclusive programming is the process of seeking the right “fit” between participant needs and quality experiences. The UPPM is essentially a process of matching people’s needs with the service capacity of the provider, the demands of the environment, and the needs of other participants in order to provide high-quality inclusive activities.

Participation Factors include:

## *Environment*

- Basic Accessibility
- Remoteness/proximity to help
- Natural hazards

## *Activity*

- Cognitive ability required for activity
- Physical ability required for activity
- Cooperation and teamwork
- Time required

## *The Participants*

- Functional limitations
- Degree of self-knowledge
- Level of special support required by participants
- Ability of other participants
- Motives of participants

## *Program Capacity*

- Training/skill of staff members
- Marketing capacity of agency
- Possession of required equipment
- Level of support staff provided by agency



Wilderness  
Inquiry

**Wilderness Inquiry**

808 14<sup>th</sup> Ave SE

Minneapolis, MN 55414

[www.wildernessinquiry.org](http://www.wildernessinquiry.org)